What diopter do you need? Print this chart and read it without glasses to select how much magnification you need in your lens.

DIO	PTER
If this is difficult to read at 16"	+1.00
If this is difficult to read at 16"	+1.50
If this is difficult to read at 16"	+2.00
If this is difficult to read at 16"	+2.50
If this is difficult to read at 16"	+3.00
If this is difficult to read at 16"	+3.50
If this is difficult to read	+4.00